

Chicken Salad Sandwich

Meat/Meat Alternate

Sandwiches

E-07 KSU Modified

Ingredients	50 Servings		____ Servings		Directions
	Weight	Measure	Weight	Measure	
*Cooked, chicken, chilled, chopped (pieces no larger than 1/4 inch)	6 lb 6 oz	1 gal 1 qt			<ol style="list-style-type: none"> 1. Combine chicken, celery, onions, pickle relish, pepper, and dry mustard. 2. Add salad dressing or mayonnaise. Mix lightly until well blended. 3. Spread in shallow pan to a product depth of 2" or less. For 50 servings, use 2 pans. For 100 servings, use 4 pans. 4. Use immediately or cover and refrigerate until ready to use. 5. CCP: Cool to 41° F or lower within 4 hours. 6. CCP: Hold at 41° F or colder. 7. Cut each 2 oz WGR pita into two semi-circular halves. Portion ¼ cup of tuna salad into each pita half. Distribute the meat evenly. 8. Cover and refrigerate until ready to use. 9. CCP: Cool to 41° F or lower within 4 hours. 10. CCP: Hold at 41° F or colder.
*Fresh celery, chilled, chopped, (pieces no larger than 1/4 inch)	1 lb 6 oz	1 qt 1 cup			
*Fresh onions, chopped (pieces no larger than 1/4 inch) OR Dehydrated onions	12 oz OR 2 ¼ oz	2 cups 2 Tbsp OR 1 cup 2 Tbsp			
Sweet pickle relish, chilled, undrained	13 oz	1 ½ cups			
Ground black or white pepper		2 tsp			
Dry mustard		1 Tbsp 1 ½ tsp			
Reduced calorie salad dressing OR Lowfat mayonnaise	1 lb 9 ½ oz OR 1 lb 9 ½ oz	3 ¼ cups OR 3 ¼ cups			
WGR bread, slice, 1 oz		100 slices			

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Notes:
See recipe for preparing chicken. Nutrient information from Food Processor based on 1 oz bread slice.

Marketing Guide for Selected Items		
Food as Purchased for	50 Servings	100 Servings
Chicken thighs or breast, boneless, fresh or frozen without skin See recipe for preparing chicken breasts.	9 lb	18 lb
Celery	1 lb 12 oz	3 lb 8 oz
Mature onions	14 oz	1 lb 12 oz

Serving: 1 sandwich provides 2 oz equivalent meat/meat alternate and 2 grain equivalents.
1-2 years: 2 quarter pieces of sandwich
3-5 years: 3 quarter pieces of sandwich
6-18: 1 full sandwich

Nutrients Per Serving					
Calories	275.59	Saturated Fat	1.00 g	Iron	2.32 mg
Protein	18.19 g	Cholesterol	49.73 mg	Calcium	69.63 mg
Carbohydrate	32.54 g	Vitamin A	10.79 RAE mcg	Sodium	388.68 mg
Total Fat	5.22 g	Vitamin C	1.49 mg	Dietary Fiber	6.75 g