## **Turkey Pita Sandwich**

Meat/Meat Alternate, Grain, Vegetable Sandwich E-07 KSU Modified 48 Servings Servings Weight Weight Ingredients Measure Measure Directions Sliced turkey luncheon meat 9 lbs 1. Cut eat 2 oz WGR pita into two semicircular halves. WGR pita (2 oz) 48 each 2. If serving children age 5 years and under, chop spinach. Spinach, ready to eat 4 lbs 3. Fill each pita half with  $1\frac{1}{2}$  oz of sliced turkey and 1/4 cup spinach. Distribute the meat and spinach evenly. 4. NOTE:  $1\frac{1}{2}$  oz sliced turkey = 3 pieces of sliced over roasted turkey breast (Jennie-O), 2099; commodity code: A-534/100124. 5. For advance prep, package the spinach separately. 6. If serving children age 5 years and under, cut each semi-circular half into two even pieces. 7. Cover. Refrigerate until service. 8. CCP: Cool to 41° F or lower within 4 hours. 9. CCP: Hold at 41° F or colder. 7. Serve with mustard, mayonnaise, and/or salad dressing.

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Sandwich

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Notes:

Nutrient information from Food Processor based on 2 oz pita bread and 3 oz sliced turkey luncheon meat = 2 oz creditable meat.

<b>Serving:</b> 1 full pita sandwich provides 2 oz equivalent meat/meat alternate, 2 grain equivalents, and $\frac{1}{2}$ cup of vegetables.	Yield:
1-2 years: not for under 3 years of age	48 Servings: 48 sandwiches
3-5 years: 3 quarter pieces of sandwich	
6-18:1 full sandwich (2 semi-circular halves)	96 Servings: 96 sandwiches

Nutrients Per Serving					
Calories	267.25	Saturated Fat	1.61 g	Iron	3.12 mg
Protein	22.64 g	Cholesterol	45.00 mg	Calcium	45.53 mg
Carbohydrate	34.06 g	Vitamin A	177.39 RAE mcg	Sodium	678.67 mg
Total Fat	5.12 g	Vitamin C	11.82 mg	<b>Dietary Fiber</b>	4.66 g (2016 = 0.83 g)