## **Ham Sandwich**

Meat/Meat Alternate					Sandwiches KSU Developed
	48 Servings		Servings		
Ingredients V	Weight	Measure	Weight	Measure	Directions
Sliced ham luncheon meat	8 lb				For each sandwich, portion 2.68 oz of sliced ham onto each bottom slice of bread.
WGR bread, slice, 1 oz		96 slices			<ol> <li>NOTE: 2.68 oz. = 4 pieces of sliced honey ham, code no: 32187-414, Tyson Foods, Inc. or 4 pieces of sliced smoked ham, code no: 32186-414, Tyson Foods, Inc.</li> <li>Distribute the meat evenly and top with a second slice of bread.</li> <li>Cut into four even quarter pieces if serving children age 5 years and under.</li> <li>Cover. Refrigerate until service.</li> <li>Reduce the volume or size of foods before cooling. Cooling must progress from 70° F to 41° F within four hours for safety.</li> <li>Store ready to eat foods on the top shelf of refrigerator and protect from cross contamination by raw foods.</li> <li>Cold foods must be held under temperature control at 41° F or lower. Food temperatures must be checked every four hours, and discarded if found to be greater than 41° F.</li> <li>Serve with mustard, mayonnaise, and/or salad dressing.</li> </ol>

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## Notes:

Nutrient information in progress.

Note: Per CN label for Tyson sliced honey or smoked ham, WA 2.68 oz sliced ham luncheon meat = 2 oz meat

<b>Serving:</b> 1 sandwich provides 2 oz equivalent meat/meat alternate and 2 grain equivalents.	Yield:
1-2 years: varies, see menu	48 Servings: 48 sandwiches
3-5 years: varies, see menu	
6-18: varies, see menu	96 Servings: 96 sandwiches

Nutrients Per Serving				
Calories	Saturated Fat	Iron		
Protein	Cholesterol	Calcium		
Carbohydrate	Vitamin A	Sodium		
Total Fat	Vitamin C	Dietary Fiber		