Hawaiian Chicken Wrap Meat Vegetable Grains

| Meat, Vegetable, Grains | Sandwiches | | | | F-12r |
|--|-------------|---|----------|---------|---|
| | 50 Servings | | Servings | | |
| Ingredients | Weight | Measure | Weight | Measure | Directions |
| Light mayonnaise | 8 oz | 1 cups | | | 1. To make dressing, combine mayonnaise, vinegar, sugar, poppy seeds, onion powder, garlic powder, and chili powder. Mix well. Cover and refrigerate. Reduce the volume or size of foods before cooling. Cooling must progress from 70°F to 41°F within four hours for safety. |
| White vinegar | | ¾ cup | | | |
| Sugar | 8 oz | 1 cups | | | |
| Poppy seeds | | 1 Tbsp 1 tsp | | | |
| Onion powder | | 2 Tbsp | | | |
| Garlic powder | | 2 Tbsp | | | |
| Chili powder | | 2 Tbsp | | | Thoroughly rinse fresh produce in cool, potable running water before cutting. |
| Fresh broccoli, shredded | 1 lb 8 oz | 2 qt | | | 2. Combine broccoli, carrots, spinach, and pineapple. Mix in dressing and chicken. Reduce the volume or size of foods before cooling. Cooling must progress from 70°F to 41°F within four hours for safety. 3. Portion 1/3 cup of chicken mixture onto center of each tortilla. Fold into taco shape to serve. Cold foods must be held under temperature control at 41°F or lower. Food temperatures must be checked every four hours, and discarded if found to be greater than 41°F. |
| Fresh carrots, shredded | 1 lb | 1 qt 1 cup | | | |
| Fresh baby spinach, chopped | 7 oz | 2 1/2 cup | | | |
| Canned crushed pineapple, in 100% juice, drained | 11 oz | 1 ¼ cups | | | |
| Frozen, cooked diced chicken, thawed, ½" pieces OR Chicken from recipe for salads and dished, prepared | 3 lb 4 oz | 2 qt 2 1/2 cups OR 25 servings | | | |
| Whole-wheat tortillas, 6 " (1 oz each) | | 50 | | | |

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Notes:

Nutrient information in progress.

Serving: 1 wrap 1 oz equivalent meat, ¼ cup vegetable, 1 oz equivalent WGR grains.

6-18 years old: 1 tortilla with filling