

Pizza Burger

Component: Meat/Grain

Ingredients	48 Servings		_____ Servings		Directions
	Weight	Measure	Weight	Measure	
Raw ground beef (no more than 10% fat)	6 lb				<ol style="list-style-type: none"> 1. Brown ground beef. Drain. 2. Add water, tomato paste, oregano, granulated garlic, salt, and sugar to the cooked ground beef. Mix well and simmer for 5 minutes. 3. CCP: Heat to 160 degrees F or higher 4. Split slider rolls in half. Place bottom halves (crust side down) on sheet pans which have been lightly coated with pan release spray. 5. Using a No. 24 scoop (2 2/3 Tbsp), spread beef mixture on each half-roll. Top each with ½ oz (2 Tbsp) of cheese. 6. Bake until cheese is melted: Conventional oven: 425 degrees F for 10 minutes. Convection oven: 375 degrees F for 6 minutes. 7. Top with top half of roll.
Water		1 ½ cup			
Tomato paste, canned	1 lb	2 cups			
Dried oregano		2 tsp			
Granulated garlic		½ tsp			
Salt		1 tsp			
Sugar		2 Tbsp			
WGR slider rolls		48 each			
Reduced fat mozzarella cheese, shredded	1 lb 10 oz				

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Notes:

Nutrients calculated using Food Processor.

Serving: 1 pizza burger (provides 2 oz meat, 1/8 cup of vegetables, 1 oz WGR bread)

1-2 years: ½ pizza burger

3-5 years: 1 pizza burger

6-18 years: 1 pizza burger

Nutrients Per Serving

Calories	214.35 kcal	Saturated Fat	3.81 g	Iron	2.31 mg
Protein	16.03 g	Cholesterol	45.34 mg	Calcium	165.06 mg
Carbohydrate	14.10 g	Vitamin A-RAE	6.63 mcg	Sodium	326.75 mg
Total Fat	8.93 g	Vitamin C	0.95 mg	Dietary Fiber	0.61 g