

Reflective Supervision Conversation Starters

Use these starter phrases to help invite staff members to share information.

- Tell me what happened ...
- How did you feel when ...
- What was the baby doing while this happened ...
- What did you say? What would you like to say, if he/she were here right now?
- If you could wave a magic wand and change things, what would be different?
- What could you do differently, if anything, to change how this relationship is going?
- It sounds like you were ...
- I wonder ...
- What do you think was successful?

Adapted from Reflective Supervision: A Tool for Relationship-Based EHS Services Technical Assistance Paper No. 13. The full text is available from <http://www.ehsnrc.org/PDFfiles/TA13.pdf>