

Organizations that Help Gender-Expansive or LGBTQ Families and Individuals

Families and individuals who are seeking support may benefit from the organizations listed below. This list is not all-inclusive but offers a starting point for individuals from many backgrounds who are looking for resources.

Organization	Description	Website
Gender Spectrum	A website with a wealth of information about supporting individuals who have nonbinary gender identities at any point in their development or in adulthood.	www.genderspectrum.org
Gay Lesbian and Straight Education Network (GLSEN)	GLSEN studies the impact of bullying and discrimination within the public education system. The organization offers recommendations on remedying negative effects and creating welcoming environments for LGBTQ individuals.	http://www.glsen.org
It Gets Better Project	Encouraging videos created to help discouraged youth gain perspective about self-esteem and building community.	www.itgetsbetter.org
National Gay and Lesbian Task Force	A resource for individuals and families who need networking ideas, news, best-practice business guidelines, and other information about LGBTQ issues.	www.thetaskforce.org

PFLAG (Parents and Friends of Lesbians and Gays)	An advocacy and support organization with local chapter of family members of those who identify as LGBTQ.	www.pflag.org
Stop Bullying Now!	YouTube video resources to share about ending bullying.	Stop Bullying Now! playlist link
Teaching Tolerance	A project of the Southern Poverty Law Center focusing on best school practices and creating an LGBTQ-inclusive school climate.	http://www.tolerance.org/lgbt-best-practices
TransParent	A resource for families with children who are gender expansive or transgender	http://transparentusa.org/
The Trevor Project	A national organization providing crisis intervention and suicide prevention services to LGBTQ and questioning young people.	www.thetrevorproject.org
Welcoming Schools	A project of the HRC Foundation that offers resources, training, and lessons to help improve the school climate in elementary schools and promote inclusive environments.	http://www.welcomingschools.org/