

Defining Guidance Activity

Take a few moments to think about what guidance means to you. What experiences have shaped the way you think about child guidance? Respond to the questions below. Share your responses with a colleague or supervisor. You can also complete this activity with staff members to start a conversation about guidance.

1. When you were a child, how did the important adults in your life guide you to make good choices?

2. When you were a child, how did the important adults in your life express approval? Disapproval?

3. How did adults motivate you as a child or youth?

4. How have these experiences influenced how you view adults' interactions with children?