

Safe Sleep Best Practices Checklist

Staff Member: _____

Date of Observation: _____

Note: *The term “children” is used throughout this checklist to refer to any individual between the ages of 6 weeks and 12 years of age.

	<i>Staff member never does this or does not seem aware of the practice.</i>				<i>Staff member always does this.</i>
	1	2	3	4	5
Infant and Toddler Settings:					
Staff member ensures infants are placed to sleep on their backs every time.					
Staff member provides safe sleep environments for all children: one child per crib or cot, no unsafe bedding, etc.					
Staff member maintains active supervision while children are sleeping.					
Staff member describes the program’s safe sleep policy and shares it with families.					

Toddler and Preschool Settings:

Staff member provides adequate, supervised rest time for each child.					
Staff member provides a cot for each child.					
Cots are at least 3 feet apart or separated by a barrier.					
Staff member provides soothing interactions at rest time.					
Staff member provides supervised alternatives for older preschool children who do not nap.					

Notes: