

First Aid Kit Checklist

Use this checklist to make sure your First Aid Kit is ready for an emergency. Check your First Aid Kit regularly and replace any missing items.

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| <input type="checkbox"/> Disposable vinyl gloves (preferably latex free) | <input type="checkbox"/> Water |
| <input type="checkbox"/> Scissors | <input type="checkbox"/> Liquid soap and hand sanitizer |
| <input type="checkbox"/> Tweezers | <input type="checkbox"/> Tissues |
| <input type="checkbox"/> Non-glass, non-mercury thermometer | <input type="checkbox"/> Wipes |
| <input type="checkbox"/> Bandage tape | <input type="checkbox"/> Individually wrapped sanitary pads to contain bleeding injuries |
| <input type="checkbox"/> Sterile gauze pads | <input type="checkbox"/> Adhesive strip bandages, plastic bags for soiled cloths or gauze |
| <input type="checkbox"/> Flexible roller gauze | <input type="checkbox"/> Emergency medication for children with special health care needs |
| <input type="checkbox"/> Triangular bandages | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Safety pins | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> Small plastic or metal splints | <input type="checkbox"/> Battery-powered radio |
| <input type="checkbox"/> Sealed packages of antiseptic for cleaning | <input type="checkbox"/> Emergency contact information for families |
| <input type="checkbox"/> Eye patch or dressing | <input type="checkbox"/> Poison Control Center contact information |
| <input type="checkbox"/> Pen/pencil and note pad | |
| <input type="checkbox"/> Cold pack | |
| <input type="checkbox"/> First Aid guide | |
| <input type="checkbox"/> Cell phone | |

Date Checked	Initials	Action Taken

Note: Your program may have different requirements for First Aid Kits. Follow the guidelines provided by your program.