















Safe Environments

The VLS Core Content was designed to align across tracks which means a significant portion of each track's content is relevant for all direct care staff. This document identifies unique age-specific content, activities, and resources by lesson and can be used as a guide for review material if a staff member moves to care for a new age-group. For example, direct care staff who move from an infant and toddler to a preschool classroom should consult the Preschool track to be aware of age-specific material that resides in that track. Use this document as a guide and remember to work with your trainer to help identify content areas in the VLS where you may need extra review and support to be knowledgeable about best practices for all children in your care.

LESSON 1

Infants & Toddlers Providing a Safe Indoor Environment	Preschool Providing a Safe Environment Indoors and Outdoors	School Age Providing a Safe Environment Indoors and Outdoors
<div style="text-align: center;"> — KNOW —</div> <p>1. Section: <i>Why Heightened Safety Awareness with Infants and Toddlers?</i></p> <div style="text-align: center;"> — SEE —</div> <p>2. Section: <i>Unforeseen Safety Hazards</i> 3. Section: <i>Known Safety Hazards</i> 4. Video: <i>Preventing Known Safety Hazards</i> 5. Section: <i>Hazards in Routine Care</i> 6. Section: <i>Toy and Material Hazards</i> 7. Section: <i>Recalled Materials</i> 8. Section: <i>Choking Hazards</i></p> <div style="text-align: center;"> — DO —</div> <p>9. Section: <i>Take an Eye-Level Look</i> 10. Attachment: <i>Indoor Safety Hazards</i></p> <div style="text-align: center;"> — EXPLORE —</div> <p>11. Attachment: <i>Indoor Injury Awareness</i></p> <div style="text-align: center;"> — APPLY —</div> <p>12. Attachment: <i>Indoor Safety Checklist</i></p>	<div style="text-align: center;"> — SEE —</div> <p>1. Video: <i>Arranging Your Environment</i></p> <div style="text-align: center;"> — DO —</div> <p>2. Section: <i>Before Children Arrive</i> 3. Section: <i>When Children are Present</i></p> <div style="text-align: center;"> — EXPLORE —</div> <p>4. Attachment: <i>Play Spaces Activity Suggested Responses</i></p> <div style="text-align: center;"> — APPLY —</div> <p>5. Attachment: <i>Navy Comprehensive Safety Checklist</i></p>	<div style="text-align: center;"> — KNOW —</div> <p>1. Section: <i>Safe Outdoor Spaces</i></p> <div style="text-align: center;"> — SEE —</div> <p>2. Video: <i>Safe Environments for School-Age Children</i></p> <div style="text-align: center;"> — DO —</div> <p>3. Section: Read this short paragraph about the importance of daily and monthly safety checks.</p> <div style="text-align: center;"> — EXPLORE —</div> <p>4. Attachment: <i>Exploring Safety: Examining Play Spaces</i></p> <div style="text-align: center;"> — APPLY —</div> <p>5. Attachment: <i>Navy Comprehensive Safety Checklist</i></p>

LESSON 2

Infants & Toddlers

Providing a Safe Outdoor Environment



1. **Section:** Read entire *Know* section



2. **Video:** *Outdoor Safety Check: Infant Toddler* video shows a teacher conducting her daily playground safety check.



3. **Section:** Read this section about taking an eye level look at outdoor playgrounds and an outdoor safety checklist



4. **Attachment:** *Outdoor Injury Awareness Worksheet*



5. **Attachment:** *Outdoor Checklist*

Preschool

Providing Safe Toys and Materials



1. **Section:** Read entire *Know* section



2. **Video:** *Choosing Toys and Materials*



3. **Video:** *Indoor Safety Check Part 1*
4. **Video:** *Indoor Safety Check Part 2*
5. **Video:** *Outdoor Safety Check Part 1*
6. **Video:** *Outdoor Safety Check Part 2*

7. **Attachment:** *Think Toy Safety*
8. **Attachment:** *Checking for Safety*

School Age

Providing Safe Games and Learning Materials



1. **Section:** Read entire *Know* section



2. **Video:** *Providing Safe Materials for School-Age Children*
3. **Numbered List:** *Choosing Safe Games and Learning Materials for School-Age Children* (9 items)



4. **Attachment:** *NPTA Video Game Brochure*



5. **Attachment:** *Sample Indoor Checklist*
6. **Attachment:** *Sample Playground Checklist*
7. **Attachment:** *Navy School-Age Care Daily Checklist*

LESSON 3

Infants & Toddlers

Promoting Safety Through Ratios and Indoor Supervision Practices

***Consult this Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant and unique content specific to infants and toddlers.

Preschool

Maintaining Safe Adult-to-Child Ratios



1. **Section:** *What is a Safe Staff-to-Child Ratio*



2. **Video:** *Maintaining Ratio*

School Age

Maintaining Safe Staff-to-Child Ratios



1. **Section:** *What is a Safe Staff-to-Child Ratio?*
2. **Section:** *How Should Ratios be Maintained during Special Circumstances?*



3. **Video:** *Maintaining Accountability*



4. **Attachment:** *Daily Attendance Record*

LESSON 4

Infants & Toddlers

Promoting Safety Through Ratios and Outdoor Supervision Practices

***Consult this Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to infants and toddlers.

Preschool

Supervision and Accountability Indoors and Outdoors



1. **Section:** Read the entire *Know* section



2. **Video:** *Supervising for Safety*
3. **Video:** *Active Supervision*



4. **Video:** *Attendance Procedures*
5. **Video:** *Maintaining Accountability*
6. **Video:** *Adapted Supervision*



7. **Attachment:** *Active Supervision Activity*

School Age

Supervision and Accountability Indoors and Outdoors



1. **Section:** Read the entire *Know* section



2. **Video:** *Supervision during Arrival and Dismissal*
3. **Section:** *Supervising Children Indoors*
4. **Video:** *Active Supervision*
5. **Video:** *Supervision Outdoors*



6. **Attachment:** *Sample Release / Pickup Authorization*



7. **Attachment:** *Supervision: What Would You Do?*

LESSON 5

Infants & Toddlers

Safe Sleep Practices

***Consult this Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to infants and toddlers.

Preschool

Teaching Safety Rules

***Consult this Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to preschool children.





School Age

Internet Safety





***Consult this Entire Lesson:**

If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to school-age children.




LESSON 6

Infants & Toddlers Child Abuse Prevention, Identification, & Reporting	Preschool Safe Sleep for Preschool Age Children	School Age Safe Routes to and from School
<p>*This lesson is partially aligned with lesson 7 in PS and SA tracks, but has the following age-specific content:</p> <p style="text-align: center;"></p> <ol style="list-style-type: none"> 1. Video: <i>Child Abuse and Neglect: Infants and Toddlers</i> 2. Section: <i>Physical and Behavioral Indicators of Abuse</i> 3. Section: <i>Shaken Baby Syndrome</i> 4. Section: <i>Common Symptoms of Shaken Baby Syndrome</i> <p style="text-align: center;"></p> <ol style="list-style-type: none"> 5. Section: <i>Preventing Abuse</i> <p style="text-align: center;"></p> <ol style="list-style-type: none"> 6. Attachment: <i>Feelings Surrounding Reporting or Suspected or Known Abuse</i> <p style="text-align: center;"></p> <ol style="list-style-type: none"> 7. Attachment: <i>Reporting Suspected Abuse: Questions to Consider</i> 	<p>*Consult this Entire Lesson:</p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to preschool children.</p>	<p>*Consult this Entire Lesson:</p> <p>If you are moving to this track and you have already covered this course in another VLS track, you should still consult this lesson in its entirety because it contains significant, unique content specific to school-age children.</p>

LESSON 7

Infants & Toddlers Preparing for Emergencies	Preschool Child Abuse Prevention, Identification, & Reporting	School Age Child Abuse Prevention, Identification, & Reporting
<p>*This lesson is partially aligned with lesson 8 in PS and SA tracks, but has the following age-specific content:</p> <p style="text-align: center;"></p> <p>1. Video: <i>Preparing for Emergencies with Infants and Toddlers</i></p>	<p>*This lesson is partially aligned with lesson 6 in IT and lesson 7 in SA, but has the following age-specific content:</p> <p style="text-align: center;"></p> <p>1. Attachment: <i>Responding to Abuse Inside the Program</i></p>	<p>*This lesson is partially aligned with lesson 6 in IT and lesson 7 in PS, but has the following age-specific content:</p> <p style="text-align: center;"></p> <p>1. Video: <i>Abuse and Neglect at Home, Part 1</i></p> <p style="text-align: center;"></p> <p>2. Attachment: <i>What if...Suspecting Child Abuse or Neglect in a Child Development Program</i></p>

LESSON 8

Infants & Toddlers Responding to Injuries	Preschool Preparing for Emergencies	School Age Preparing for Emergencies
<p>*This lesson is partially aligned with lesson 9 in PS and SA tracks, but has the following age-specific content:</p> <p style="text-align: center;"></p> <p>Video: <i>Preparing for Emergencies with Infants and Toddlers</i></p>	<p>*This lesson is partially aligned with lesson 7 in IT and lesson 8 in SA, but has the following age-specific content:</p> <p style="text-align: center;"></p> <p>Video: <i>Talking to Children about Emergencies</i></p>	<p>*This lesson is partially aligned with lesson 7 in IT and lesson 8 in PS, but has the following age-specific content:</p> <p style="text-align: center;"></p> <p>Video: <i>Preparing for Emergencies</i></p>

LESSON 9

Infants & Toddlers	Preschool	School Age
-	Responding to Injuries	Responding to Injuries
<p>*Lesson 9 does not exist for Infant & Toddler Safe Environments. IT lesson 8 <i>Responding to Injuries</i> matches lesson 9 for PS and SA.</p>	<p>*No Action Required</p> <p>If you are moving to this track and you have already covered this course in another track in the VLS, you may skip this lesson as it is aligned with IT lesson 8, and SA lesson 9</p>	<p>*No Action Required</p> <p>If you are moving to this track and you have already covered this course in another track in the VLS, you may skip this lesson as it is aligned with IT lesson 8, and PS lesson 9</p>

LESSON 10

Infants & Toddlers	Preschool	School Age
-	Special Considerations for Trips Away from Your Program	Special Considerations for Trips Away from Your Program
<p>*Lesson 10 does not exist for Infant & Toddler Safe Environments.</p>	<p>*Special Note:</p> <p>This course is aligned with SA track (lesson 10) and not present in the IT track. If you're moving from SA to this track, you can skip this lesson. If you are moving from IT to this track, you should consult this lesson in its entirety.</p>	<p>*Special Note:</p> <p>This course is aligned with PS track (lesson 10) and not present in the IT track. If you're moving from PS to this track, you can skip this lesson. If you are moving from IT to this track, you should consult this lesson in its entirety.</p>

LESSON 11

<p>Infants & Toddlers</p> <p>-</p>	<p>Preschool</p> <p>Vehicle Safety</p>	<p>School Age</p> <p>Vehicle Safety</p>
<p>*Lesson 11 does not exist for Infant & Toddler Safe Environments.</p>	<p>*Special Note:</p> <p>This course is aligned with SA track (lesson 11) and not present in the IT track. If you're moving from SA to this track, you can skip this lesson. If you are moving from IT to this track, you should consult this lesson in its entirety.</p>	<p>*Special Note:</p> <p>This course is aligned with PS track (lesson 11) and not present in the IT track. If you're moving from PS to this track, you can skip this lesson. If you are moving from IT to this track, you should consult this lesson in its entirety.</p>