# Guide for Observing and Individualizing



#### 3-5 Years

## Social-Emotional: Perspective-taking

WHEN INTRODUCED AND EMPHASIZED: Weeks 28–31

#### **BEHAVIORS TO OBSERVE**

Actions that Demonstrate Attention to Another Person's Perspective

### **OBSERVATION OPPORTUNITIES**

In what ways does the child demonstrate some understanding of another person's perspective when he/she:

- works through a problem with another child (any free play period after Week 28, Day 2)? Example: Two children have a conflict over an object. One child says to the other "You look frustrated. I think you want this block back."
- responds to perspective taking questions (Week 28, Day 3 group activity)?
- converses with others (any snack or mealtime after Week 28, Day 2)? Example: The staff member says "I feel happy that the sun is shining. The child says "Me too. The sun is shining."
- prepares to go to a different activity (any transition after Week 28, Day 2)? Example: Child says to another child "I'm going to walk around Phoebe. She wants to finish what she's doing."

#### **FOLLOW-UP LEARNING SUPPORTS**

### Reinforce

The following activities are designed to support the ongoing development of perspective taking.

- Provide the solution cards from the Week 6, Day 2 activity. Invite the child to describe how each person shown on a card can think about what someone else is thinking or feeling.
- Invite children to take turns being the room's "problem solver." The room's problem helper can help others consider what someone may think or feel about a conflict situation.
- Invite children to describe times when they have felt empathy with another person. Empathy is introduced and explored in Weeks 29–31.



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## Reintroduce

The following activities are designed to support the development of perspective taking among children who find it challenging to take another person's perspective. The activities are also appropriate for all children.

- Repeat the Week 28, Day 3 group activity. Help children understand Peter's perspective. Use the photos from the session.
- Read a different book that helps children consider another person's perspective, such as *Blocks* by Irene Dickson or *Thunder Boy, Jr.* by Sherman Alexie.
- Use the Week 29, Day 2 activity to remind children of the concept of empathy. It might be helpful to use different pictures.

