

Language/  
Literacy**Understanding Words and Sounds**

- How to understand, comprehend, and interpret information in a book
- Learning new words and identifying rhyming words
- Matching two picture cards that rhyme
- How to identify two of three words (picture cards) that rhyme and which word does not rhyme

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## Mathematics

**Working with Shapes**

- How to identify and describe a rectangle and triangle
- How to represent shapes using straws, fingers, and drawing
- How to describe attributes of different shapes
- Making shapes with our bodies

Self-  
Regulation**Using Self-Control**

- Self-control helps us do the right thing
- We think before we do something and we remind ourselves to do the right thing

Social-  
Emotional**Getting Along with Others**

- Four steps in solving a problem
  - What is the problem?
  - What are some solutions?
  - Are the solutions safe and fair?
  - Give it a try!

Social  
Studies**Appreciating Our Families**

- Families are not exactly alike
- Activities we do with our family or someone in our family

Creative  
Expression**Creating Art**

- An artist is a person who creates art, music, drama, or dance
- Different types of art including painting, drawing, weaving, sculpting, and photography
- We can be artists

Physical/  
Health**Moving Our Bodies**

- Paying attention to how our body moves when we walk and march

Social-  
Emotional

Identifying possible solutions to a problem is a key part of problem-solving skills.

- Pretend two stuffed toy animals are fighting over a toy. Invite your child to think of several different solutions. Encourage your child to play the part of one of the stuffed toys, and offer a solution to the other stuffed toy.

Identifying words that rhyme strengthens children's attention to sounds in words.

- Play rhyming word games with your child. Say two words (examples: ball/fall or cat/toy) and ask your child whether the words rhyme. Say a simple word and invite your child to say 1) a word that rhymes, and 2) a word that does not rhyme.

Language/  
LiteracySelf-  
Regulation

Self-control affects many aspects of success in life.

- Children love to pop bubbles. Help your child practice self-control by staying still while you blow bubbles. Encourage your child to try hard to not pop the bubbles until you give a go-ahead.

An understanding of basic shapes is an important part of early geometric and spatial skills.

- Encourage your child to look for items in your home and community that are in the shapes of a rectangle (paper, books, doors, windows, drawers, business signs, road information signs) and a triangle (traffic yield signs, hazard warning signs, house gables, roof lines).

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## Mathematics

Social  
Studies

Understanding how your family is unique can promote children's appreciation of families.

- Talk with your child about interests and characteristics of family members. Examples: cooking, hunting, fishing, sewing, quilting, honors, military service, reading, humor, devotion to one another or an institution, simple acts of kindness.

Creative expression can occur in many different ways.

- Point out and talk about different types of creativity in your home and community. Examples: painting, photograph, mural, drawing, watercolor; clay or play dough sculpture; musical performance; fabric art.

Creative  
Expression

Moving our body from one place to another requires looking carefully at where we are going.

- Encourage your child to walk or march next to a straight line, such as the edge of a floor rug, and around a circular object, such as a round trash can or laundry basket.

Physical/  
Health