



Language/ Literacy

Understanding Words and Letters

- How to understand, comprehend, and interpret information in a book
- Learning new words
- Review how to identify, name, and say the sound of the letters K, J, and Y

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Mathematics

Counting Things and Working with Shapes

- Practicing collecting, organizing, and presenting information on a chart
- Practicing adding by counting on
- Recognizing numerals 1–20
- Recognizing different types and sizes of shapes



Self- Regulation

Focusing & Remembering

- How to follow requests by watching and remembering
 - *Conducting an Orchestra* game
- How to follow requests by listening and remembering
 - *Drum Beats* game



Social- Emotional

Being Responsible

- How we stay safe at home or somewhere else



Social Studies

Exploring Where We Live

- The difference between a need and a want
- Places in the community that help families meet their needs



Creative Expression

Creating Art

- How shapes can be found in some art
- How to make shape art by using stencils
- How to use color and mix colors to create art



Physical/ Health

Staying Healthy and Safe

- Bones in our body
- Contents and uses of a first aid kit

Social-
Emotional

Children can improve their awareness of safety by identifying safety provisions in their home and neighborhood.

- Encourage your child to point to and describe items in your home and neighborhood that help people stay safe. Examples: helmets, car seats, sidewalks, walk lines on a street. Invite your child to draw a picture of someone using the item.

Preschool children's knowledge of letters is linked to later reading skills.

- Make a chart containing uppercase and lowercase letters K, J, and Y. Your child's classroom has introduced these letters. Strengthen your child's familiarity with these letters by asking your child to point to and repeat a letter you say in the order each appears on your chart—then randomly. Are any of the letters in a family member's name?

Language/
LiteracySelf-
Regulation

Children can strengthen their ability to control their behaviors by listening and responding to cues.

- Use an empty box as a drum to play a fast beat that your child can dance to quickly. Offer a slow beat for your child to dance to slowly. Encourage your child to stop his/her movements when you stop playing. Add challenge by changing the rules. Example: fast beat = slow dance. Take turns with your child to play the drum and dance.

Sorting and counting different types of objects can strengthen basic math skills.

- Provide up to 20 small items that can be sorted into three or four groups. Examples: toy animals, vehicles, dolls, dishes. Encourage your child to sort the items. Offer types of groups, if appropriate. Then invite your child to count the number of items in each group and tell which has the most and which has the fewest.

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Mathematics

Social
Studies

Identifying items we need versus items we want can help children make priorities.

- Invite your child to pretend he/she is going on a three-day trip, and to place in an empty box or basket the things he/she would absolutely need from home for the trip. Example: clothing. Next, invite your child to collect things he/she would want to take but would not be necessary for making the trip. Example: 10 of the same type of clothing.

Exploring the uses of basic shapes in an illustration or piece of art can enhance children's understanding of how artists create art.

- With your child, look at book illustrations or pictures of art that include one or more basic shapes embedded in the piece. Examples: a circle for the sun, a triangle for a roof. Encourage your child to trace the shape with his/her finger. Your child may wish to create his/her own picture by using one or more shapes.

Creative
Expression

Pointing to and feeling bones in our body can enhance children's understanding of their bodies.

- Encourage your child to feel bones under his/her skin, such as ribs, skull, shoulder area, and in arms, legs, and fingers. Discuss how bones provide support to the body and can also provide protection. Example: our ribs help protect our lungs and heart and other important parts of our body located in the chest cavity.

Physical/
Health